

Job Description
Psychosexual Therapist

- Post:** Psychosexual Therapist (8 sessions)
- Sessions:** The sessional (hourly) rate is £21.57
Please note that the 8 sessions (hours) are broken down into:
6 hours: face to face/remote counselling
2 hours: to include time for; notes, supervision, clinical supervision groups, staff meetings, one-to-ones, annual away day, CPD and any other relevant duties needed
- Location:** Relate Bradford Office
1st Floor, Bradford Trident Business Centre
11 Edward Street
Wakefield Road
Bradford
BD4 7BH
- The post may involve working in a number of locations depending on client needs. You will need to be flexible on your place of work and able to use your own transport. Your work base will be at Bradford and/or working remotely via Microsoft Teams or by telephone
- Responsible to:** Chief Executive Officer
- Clinical Supervision:** Clinical Supervisor
- Annual Leave:** 20 days a year, plus Bank Holidays.
- Pension:** We operate a contributory pension scheme which you will be auto-enrolled into (subject to the conditions of the scheme)
- Probationary Period:** 6 months

Relate Bradford & Leeds

Relate Bradford & Leeds is a registered charity and has a Board of Trustees, which is legally accountable for the activities of the organisation.

Relate Bradford & Leeds are fortunate to have a diverse client demographic and colleagues embrace and positively promote equal rights for those of different social, gender, ethnicity and sexual orientation.

About Relate Bradford & Leeds

Why we do what we do

Because the relationships we have with ourselves and others matter and good relationships help us all to live more fulfilled, healthier and happier lives.

What we do

As a caring organisation, we give you the time, space and support to explore relationships and help you see how you might be able to work through and overcome relationship challenges in order to move forward positively.

- We put you at the heart of all that we do, by providing a confidential, ethical and professional counselling service of the highest quality, exploring options, individually tailored to your current situation
- We enable you to be more aware of feelings, to explore options and to improve coping skills
- We work in partnership with others

Our values, principles and behaviours

- We place kindness at our core and always strive to be respectful, supportive, professional, dependable and empowering
- As a passionate, curious and creative organisation looking to the future, we endeavour to develop innovative and dynamic interventions, continually championing the importance of healthy relationships and the role they play in ensuring good mental health
- With our partner organisations, we will be helpful, responsible, collaborative and dynamic

We have an active Board, responsible for governance (steering and accounting for the organisation) whilst day to day management functions (getting things done) are organised by the Chief Executive Officer.

Main Purpose of the Role:

To deliver and evaluate high quality, effective and professional psychosexual therapy to Relate clients when required.

To provide a carefully planned assessment and treatment programme to help adult couples and individuals with specific sexual concerns. To work with the centre team to deliver psychosexual therapy to couples and individuals. There is a requirement to contribute to and benefit from a structured organisational context designed to provide excellent services for clients in our community.

To remain an effective therapist, the individual will engage in training and development and ongoing supervision.

Anticipate outcomes:

- The client(s) will be able to manage their sexual relationship in a more informed way
- The client(s) will feel more confident in their sexual relationships
- The client(s) will have achieved the goals negotiated during treatment

To participate in the development of services delivered at the centre as required.

Principle Accountabilities:

- Adhere to the codes of ethics and practice adopted by Relate and relevant Counselling Professional Bodies.
- Be aware of and adhere to all Relate policies and practices, including Child Protection, Safeguarding and Confidentiality to ensure the safety of clients and staff
- To maintain confidential records according to the data protection regulations and centre procedures
- To maintain and deliver records to enable the Centre to effectively monitor the use of the service and feedback from clients within agreed timescales
- To participate in individual and counsellor (clinical) supervision and team meetings as required
- To take responsibility for professional development and training as agreed with the Clinical Supervisor and CEO to maintain your professional status and to meet business development needs
- To work collaboratively with the Centre team and the Federation to ensure the relationship counselling services are delivered in a coordinated, professional and efficient manner
- Positively and proactively undertake other duties as required by the CEO that are appropriate to the position.

Key Responsibilities

To comply with COSRT, the British Association for Sexual and Relationship Therapy and to work within Relate's policies and practice guidelines, including those on equal opportunities & diversity and confidentiality and in every respect to work to maintain the standards and reputation of Relate.

To participate in the required training and development appropriate to the job role and within the service specification of Relate Central Office or as locally determined.

To undertake such background reading and additional assignments as deemed necessary to complement supervision.

To attend clinical supervision groups (CSG) and no less than 12 hours per annum of individual supervision. To participate in an annual review of practice and development.

To agree with clients the level of contribution to be made in keeping with the policy and procedures of the centre for contributions.

To account for activity as a psychosexual therapist to the CEO and Clinical Supervisor.

- | | | |
|---|--|--|
| <ul style="list-style-type: none">• To work within the framework of Relate Bradford & Leeds 'Principles, Values and Behaviours' | | |
|---|--|--|